

## **FORGIVE (PART 2)**

### **Ephesians 4:26-32**

Refusal to forgive causes anger in the un-forgiving person.

There are 3 types of anger found in Ephesians 4:26-32.

I. Righteous\_\_\_\_\_Anger. (Greek *ORGE*) (v.26A)

We are *commanded* to have this kind of anger!  
What angers God, should anger us.

We must resolve *Righteous Indignation (ORGE)*  
by sundown of the same day that we have this anger.

II.\_\_\_\_\_Anger. (Greek *PARORGISMOS*) (v.26B)

*When orge righteous indignation anger goes past  
its shelf-life of sundown the same day, it sours into  
parorgismos embittered anger.*

Stop drinking the poison which you hope will kill the person you won't forgive!  
The person forgiven much, forgives much!

Between *parorgismos* anger and the third kind of anger in our passage are *two other interpersonal sins ...*

1. Stealing

2. \_\_\_\_\_

III.\_\_\_\_\_Rage Anger. (Greek *THUMOS*)

This is *wrathful, out-of-control anger*.

Think you're above this? Consider Matt. 5:22-23!

## Discussion Questions

1. When was the last time you had *righteous indignation anger*?

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2. At which kind of anger do you think most refusing-to-forgive Christians are stuck?

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3. Who do you need to forgive to avoid *sour milk* or *buttermilk*?

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